



**USC DHOP/Run with a PAAL 5K Community Run/Walk
 Legg Lake, Whittier Narrow Recreation Area
 South El Monte, California
 Saturday September 10, 2016**

**2016 USC DHOP/Run with a PAAL - Special Event Volunteer
 Contact Sheet**

Name _____
 Home Phone (_____) _____ Address _____
 Cell Phone (_____) _____ City _____ State _____ Zip _____
 Fax (_____) _____
 Place of Work/ School _____ Grade / Year in School _____
 Email Address (*print clearly*) _____ Date of Birth: _____
 Are you volunteering with a group? If so, group name:

Would you like to learn more about other volunteer opportunities with us? Yes No

Please specify at which Program or Event you are interested in volunteering for (if applicable):

In case of an emergency. (This information must be completed before beginning volunteer service.)

Please contact _____ Phone (_____) _____

Relationship to volunteer

Assumption of Risk, Release and Permission In consideration of being allowed to participate in a Montebello Police Athletic & Activities (PAAL) volunteer event, I hereby expressly assume all risks of personal injury, death or property loss arising in any way out of my participation. I represent that I am physically fit and able to participate in this event. I hereby release and agree not to sue Montebello PAAL, its affiliates, their respective officers, directors, volunteers, employees, sponsors and agents, from or in connection with any and all liability and claims arising out of my participation in this event. I grant full permission to the organizers of this event to use and publish my name and image as a participant through photographs, video or other recordings.

Print Name _____

Signature _____ Date _____ (parent or guardian's signature if volunteer is under 18 years of age)

T-Shirt Size (Circle One):

Youth	S	M	L	XL	
Adult	S	M	L	XL	XXL